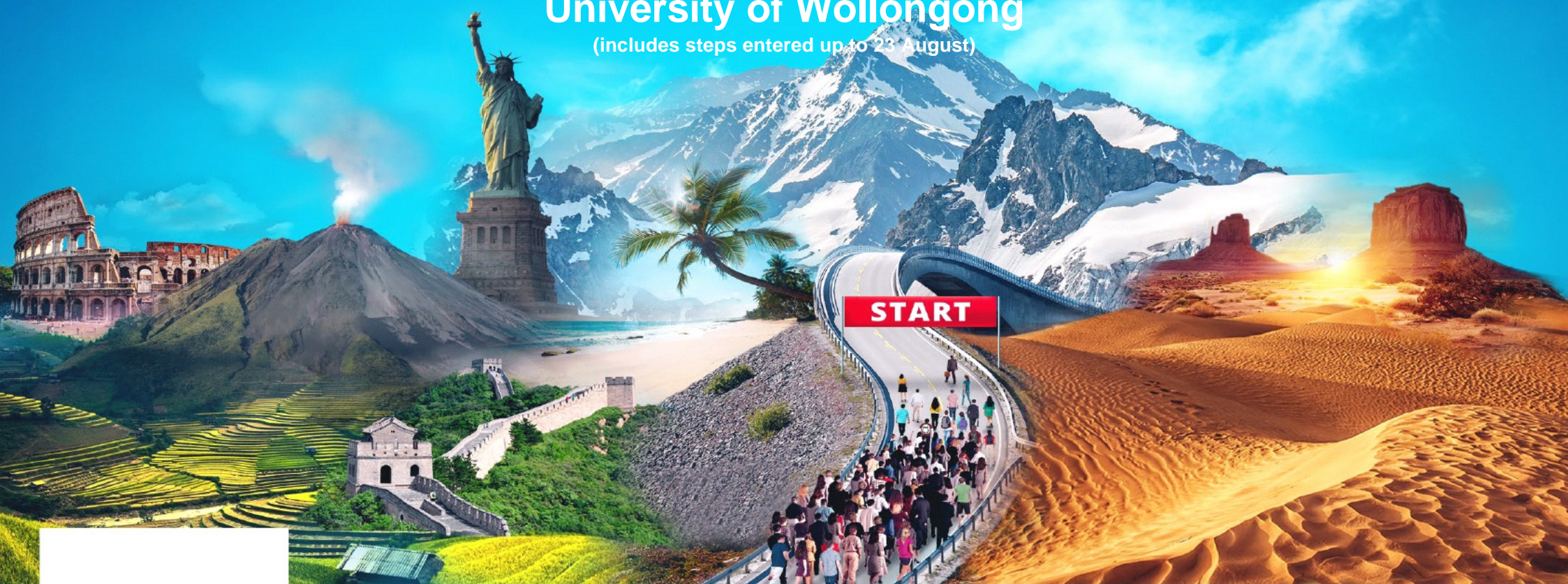


GCC 2015 PROGRESS REPORT

University of Wollongong
(includes steps entered up to 23 August)



OVERALL PERFORMANCE

Total Employees	644
Walk Steps	550,003,310
Bike Steps	16,764,631
Swim Steps	8,251,248
Total Combined Steps	603,369,680
Total Distance	386,157 km

This equates to walking around the world 9.64 times.



DAILY STEP AVERAGES

Daily Step Average	12,719
Average Distance Per Day	8.14 km
Average Energy Burnt Per Day	2,137 kj
Total Energy Burnt	101,366,106 kj

In total, your employees have burnt off the following:



50,683
Large burgers



149,950
Glasses of red wine



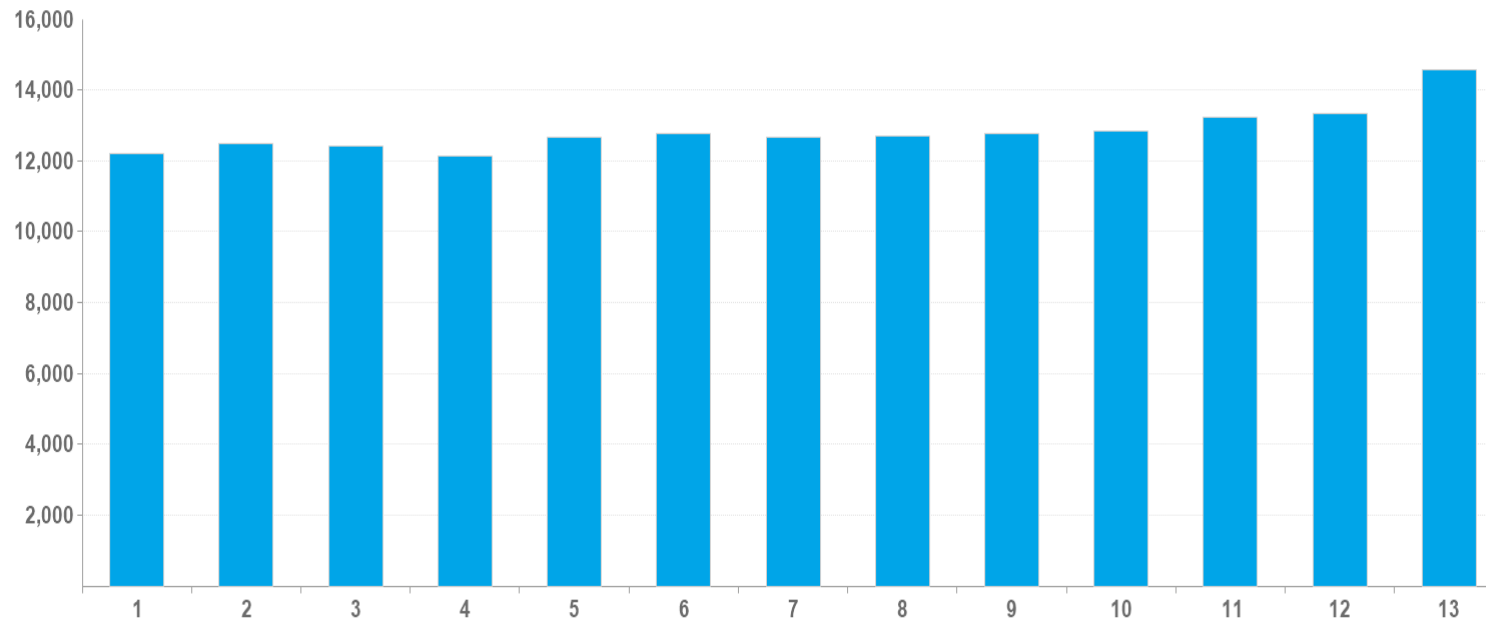
97,001
Slices of cake

CURRENT ACTIVITY LEVELS

Step Range	Activity Level	% of Participants
Under 5,000	Inactive	3.7%
5,000 - 7,499	Somewhat Active	5.4%
7,500 - 9,999	Moderately Active	18.2%
10,000 - 12,499	Active	35.6%
12,500+	Highly Active	37.1%

STEP AVERAGES BY WEEK

Overall Daily Step Average: 12,719 steps per person per day



The chart shows how your average step count has changed over the course of the event.

MOST ACTIVE AREAS

Rank	Top Areas	Step Average
1	Shoalhaven Campus	16,768
2	URAC	15,442
3	Facilities Management Division	15,127
4	Vice-Chancellor's Unit	14,029
5	UOWE	13,982
6	Information Management &	13,756
7	Faculty of Engineering & Information	13,519
8	Student Services Division	13,263
9	Human Resources Divison	13,017
10	Faculty of Science, Medicine &	12,989

MOST ACTIVE TEAMS

Rank	Top Teams	Area Name	Distance Travelled (km)
1	μTykes	Information Management &	9,163
2	SECTE and Friends	Faculty of Engineering & Information	7,852
3	Legends of Landscape	Facilities Management Division	7,268
4	M&Ms	Faculty of Business	6,657
5	Shoalhaven Wood Ducks	Shoalhaven Campus	6,643
6	The Board Walkers	Vice-Chancellor's Unit	6,504
7	Shoalhaven Forest Ducks	Shoalhaven Campus	6,204
8	The Walking Dev	Information Management &	6,136
9	What a CAC!	Faculty of Science, Medicine &	5,901
10	Giddy Goats	UOWE	5,850

Distance travelled is cumulative since the beginning of the event.

MOST ACTIVE PARTICIPANTS

Rank	Top Participants	Team Name	Area Name	Distance Travelled (km)
1	Pieter (Wascally) Moerkerken	μTykes	Information Management &	2,649
2	Harry deBruin	The Walking Dev	Information Management &	2,234
3	Joe Tiziano	SECTE and Friends	Faculty of Engineering &	2,217
4	Harvey Tjoe	μTykes	Information Management &	2,034
5	Kellie Ridges	The Avengers	Student Services Division	1,881
6	Bill Pomplun	Shoalhaven Forest Ducks	Shoalhaven Campus	1,712
7	Fazel Naghdy	SECTE and Friends	Faculty of Engineering &	1,595
8	Brian Lane	μTykes	Information Management &	1,501
9	Joel Wilson	What a CAC!	Faculty of Science, Medicine &	1,468
10	Carol Keane	Red Hot CHlli Steppers	Faculty of Social Sciences	1,448

Distance travelled is cumulative since the beginning of the event.

MOST IMPROVED TEAMS

Rank	Most Improved Teams	Area Name	% Improved
1	Last minute wonders	Faculty of Science, Medicine & Health	13 %
2	M&Ms	Faculty of Business	5 %
3	Legends of Landscape	Facilities Management Division	4 %
4	Lost in Pace	Library	3 %
5	The Young Guns	Library	2 %
6	WIMS One	Faculty of Engineering & Information	0 %
7	The Walking Dev	Information Management & Technology	0 %
8	StrategicWalkingAdvisoryGroup	Vice-Chancellor's Unit	-1 %
9	Go with the Flow	UOWE	-1 %
10	Team HT	Faculty of Science, Medicine & Health	-1 %

The most improved is based on week 12 performance versus a team's average performance for the event to date

MOST IMPROVED PARTICIPANTS

Rank	Most Improved Participants	Team Name	Area Name	% Improved
1	Ellen	Last minute wonders	Faculty of Science,	83 %
2	Pam	WIMS One	Faculty of Engineering &	65 %
3	Dennis (Xiang)	SBRC2	Faculty of Engineering &	41 %
4	Maximilien	What a CAC!	Faculty of Science,	36 %
5	Andy	Licence to Krill	Faculty of Science,	35 %
6	Neil	Well@Work	Human Resources	33 %
7	Renee	Fast Moving Deer of FMD	Facilities Management	31 %
8	Caroline	Law +	Faculty of Law,	30 %
9	Jason	SBRC1	Faculty of Engineering &	30 %
10	Lisa	To boldly go	Faculty of Social	30 %

The most improved is based on week 12 performance versus a participant's average performance for the event to date